

Novena to St. Joachim and St. Anne Parents of The Virgin Mary



Layman: Glory Be to the Father...

All: Our Father... Hail Mary... Glory Be to the Father...

Layman

Let us pray

Great and glorious patriarch, St Joachim, and good St Anne, what joy is mine when I consider that you were chosen among all God's holy ones to assist in the fulfillment of the mysteries of God, and to enrich our earth with the great Mother of God, Mary most holy. By this singular privilege, you have become most powerful with both the Mother and her Son, so as to be able to obtain for us the graces that are needful to us.

With great confidence I have recourse to your mighty protection, and I commend to you all my needs, both spiritual and temporal, and those of my family. Especially do I entrust to your keeping the particular favor that I desire and look for from your intercession. And since you were a perfect pattern of the interior life, obtain for me the grace to pray earnestly, and never to set my heart on the passing goods of this life. Give me a lively and enduring love for Jesus and Mary. Obtain for me also a sincere devotion and obedience to Holy church and the sovereign pontiff who rules over her, in order that I may live and die in faith and hope and perfect charity. Let me ever invoke the holy Names of Jesus and Mary. And may I thus be saved.

Amen.

Following the Novena prayer of the day, all will pray:

Our Father... Hail Mary... Glory Be to the Father...

O Jesus, Holy Mary, St. Anne, help me now and at the hour of my death.

Good St. Anne, intercede for me.

Amen.

Day 1

Layman

Dear St. Anne, though I am but a prodigal child, I appeal to you and place myself under your great motherly care. Please listen to my prayers and grant my requests. See my contrite heart, and show me your unfailing goodness. Consent to be my advocate and recommend me to God's infinite mercy. Obtain for me forgiveness of my sins and the strength to begin a new life that will last forever. Blessed St. Anne, I also beg of you the grace to love, to serve, and to honor your daughter, the most holy Virgin Mary. Please recommend me to her and pray to her for me. She refuses none your requests but welcomes with loving kindness all those for whom you intercede.

Good Jesus, be merciful to the faithful servants of Your grandmother St. Anne.

Day 2

Layman

From the depths of my heart, good St. Anne, I offer you my homage this day and ask you to shelter me under the mantle of your motherly care. You know, good mother, how much I love you, how gladly I serve you, how happy I am to praise you, how eager I am to call on you in time of distress. Good St. Anne, be pleased to extend your helping hand in all my wants. Listen to my prayers, for I place my trust in your gracious bounty. Make all my thoughts and desires worthy and righteous. Jesus, I thank You for all the graces which in Your infinite goodness You have lavished upon St. Anne; for having chosen her, among all women, to be Your grandmother on earth and exalted her in heaven with such great and miraculous powers. In the name of her merits, I humbly recommend myself to Your infinite mercy.

Day 3

Layman

Hail, good St. Anne, who first responded to the needs of Mary, Mother of our Savior and Queen of Angels. Hail to you and to your husband St. Joachim, who watched over her infancy, presented her to the Lord in the temple and, according to your promise, consecrated her to the service of God. Hail St. Anne, good mother! I rejoice in the marvels you continually perform, because they encourage all to seek your intercession. Good St. Anne, by the great power that God has given you, show yourself my mother, my consoler, my advocate. Reconcile me to the God I have so deeply offended. Console me in my trials; strengthen me in my struggles. Deliver me from danger in my time of need. Help me at the hour of death and open to me the gates of paradise.

Day 4

Layman

Good St. Anne, you offered your pure and holy daughter Mary in the temple with faith, piety and love. By the happiness which then filled your heart, I beg you to present me to your Grandson Jesus. Offered by you, I will be agreeable in His sight. Kind St. Anne, take me forever under your protection. Deliver me from the temptations which continually assail me. Above all, attend me in my last hour. As I lie on my deathbed, be present with your daughter to console and strengthen me. Holy Mary and good St. Anne, show yourselves to be mothers indeed by obtaining for me the grace of a good death. When my soul goes forth, lead it to God's tribunal so that, by your powerful help and intercession, it may obtain a favorable judgment.

Day 5

Layman

Hail, all-powerful Lady. By God's special favor, grant consolation to those who invoke you. Procure for them the eternal riches of heaven, and like a good mother, success in their temporal affairs as well. Good St. Anne, obtain my deliverance from the punishment which my sins deserve.

Obtain for me success in my temporal affairs; especially see to the salvation of my soul. St. Anne, by your influence with Mary's son Jesus, you have won the gift of conversion for many sinners. Will you then abandon me, who have chosen you as my mother? No, St. Anne. Your name alone, which signifies grace, assures me of the help of your prayers, and these prayers will surely procure pardon and mercy from Jesus. You will pray for me now and at the hour of my death.

Day 6

Layman

Good St. Anne, do not allow my soul, a masterpiece of God's creative power, to be lost forever. Free my heart of pride, vanity, self-love. May I know myself as I really am and learn meekness and simplicity of heart. God's great love for me leaves me cold and unresponsive. I must reflect this love through works of mercy and charity toward my neighbor. In your boundless charity, good St. Anne, help me to merit the glorious crown which is given to those who have fought the good fight against the world, the devil and the flesh. Assist me to preserve purity of heart and body. With Mary and her divine Son, protect me always.

Day 7

Layman

Once again, Good St. Anne, I choose you for my advocate before the throne of God. By the power and grace that God has placed in you, extend to me your helping hand. Renew my mind and my heart. Dear St. Anne, I have unbounded confidence in your prayers. To your blessed hands I entrust my soul, my body and all my hopes for this world and the next. Direct my actions according to your goodness and wisdom. I place myself under your motherly care. Receive me, good mother. Cover me with the mantle of your love. Look kindly on me. By your powerful intercession, may I obtain from God grace and mercy. Obtain for me remission for sin and release from the punishment my offenses have deserved. Pray that I may receive grace to lead a devout life on earth and that I may obtain the everlasting reward of heaven.

Day 8

Layman

Hail, St. Anne! I rejoice at your exalted glory. You gave birth to Mary, whose divine Son brought salvation to our lost world by conquering death and restoring life and hope to sinners. Pray to Him who, for love of us, clothed Himself with human flesh in the chaste womb of your daughter. Glorious St. Anne, with your blessed daughter, deliver me from everything that is displeasing in the sight of God. Pray to your gentle and powerful Grandson that He may cleanse my soul in His precious blood, that He may send His Holy Spirit to enlighten and direct me in all that I do, always obedient to His holy inspirations. Good mother, keep a watchful eye on me. Help me bear all my crosses. Give me the fullness of your bounty and sustain me with courage.

Day 9

Layman

Good St. Anne, I have reached the end of this novena in your honor. I have asked and ask again. Good mother, let not your kind ear grow weary of my prayers, though I repeat them so often. Bounteous Lady, implore for me from divine Providence all the help I need through life. May your generous hand bestow on me the material means to satisfy my own needs and to alleviate the plight of the poor. Good St. Anne, fortify me by the sacraments of the Church at the hour of my death. Admit me into the company of the blessed in the kingdom of heaven, where I may praise and thank the adorable Trinity, your grandson Christ Jesus, your glorious daughter Mary, and yourself, dear St. Anne, through endless ages.

Litany to St. Joachim and St. Anne

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us. Christ, hear us.
Christ, graciously hear us.

(After each line, repeat "Have Mercy on us.")

God, The Father of Heaven.
God, The Son, Redeemer of the world.
God, The Holy Ghost.
Holy Trinity, One God.

(After each line, repeat "Pray for us.")

Holy Mary, spotless child of St. Joachim and St. Anne.
St. Joachim, father of the Blessed Virgin Mary.
St. Joachim, promised descendant of Abraham and David.
St. Joachim, venerable patriarch.
St. Joachim, holy spouse of St. Anne.
St. Joachim, and St. Anne, shining models of Christian spouses.

St. Anne, royal lady.
St. Anne, glory of the House of David.
St. Anne, faithful and loving wife.
St. Anne, venerable model of meekness and Humility.
St. Anne, brilliant example of holy obedience.
St. Anne, sparkling mirror of patience and Resignation.
St. Anne, perfect type of devotion and piety.
St. Anne, fruitful vine.
St. Anne, giving wise instruction and careful training to your child.
St. Anne, worthy mother of the Mother of God.
St. Anne, tender mother of all virgins.
St. Anne, mother lending aid to all Christian Mothers.
St. Anne, consoling mother of all widows.
St. Anne, kind mother of us all.
St. Anne, refuge of the suffering.
St. Anne, guiding star of widows.
St. Anne, harbor of safety in the storms of this life.
St. Anne, bulwark of the Church.

Lamb of God, who takes away the sins of the world, spare us, O Lord.
Lamb of God, who takes away the sins of the world, graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world, have mercy on us.

Pray for us, O blessed St. Joachim and St. Anne.
That we may be made worthy of the promises of Christ.



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